

Phases of The Moon



New Moon

Clear The Decks.
Plan, Create & Initiate.
Set intentions for what you wish to grow.



Waxing Crescent Moon

Enact on the new intentions.
Be positive, motivated.
Take action steps with faith.



First Quarter Moon

Stay Committed to Action.
Push Forward. Stay Strong. Step Through Fear.
Turn emotional energy into creative passion.



Waxing Gibbous Moon

Now the buds are preparing to bloom.
Cultivate and refine & ideas and intentions
before the next stage of manifestation.



Full Moon

Transformation & Completion & Harvesting.
Recharge Energy by moon bathing and
communing with the Moon's Messages & Light.



Waning Gibbous Moon

Begin a Process of Introspection.
Think and re-assess goals.
Step more deeply into Gratitude.



Third Quarter Moon

Release that which no longer serves you.
Begin an introspection process.
Reflect and Re-evaluate.



Waning Crescent Moon

Fully Surrender.
Release the last moon cycle to step forward in the new.